



CARA Bulletin

15 March 2020

Local issues : CORONAVIRUS

- **Coronavirus – community response.** Now is the time for CARA, as a whole, to show, in a practical way, that we care about our friends and neighbours, particularly those in the higher risk age range or those with underlying health issues.

Your CARA Committee is committed to playing our part, by the co-ordination of whatever support we are able to give as a community, to our community...not just CARA members of course, but everyone living near to us all.

The Government is considering asking all people over 70 to self-isolate, whether they feel unwell or not. This step will increase the amount of support required, whether:

- helping with their shopping,
- collecting prescriptions,
- disposing of recycling and rubbish,
- keeping them up-to-date with information, such as Government advice and relevant websites, NHS advice lines, 24 hours pharmacies, supermarkets that deliver, or even
- just a chat from time to time on the telephone, or maybe having a regular contact e-mail to make sure they are ok.

We are compiling a list of people who are willing to help.

If you are able to join the list, please respond to our Secretary, Bernard Horn's covering e-mail that you received with this bulletin. Alternatively, you can e-mail our Chair, Barry Gilbertson, direct on barry@barrygilbertson.com

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If you are self-isolating, at any age, and need some practical help, then please e-mail either Barry or Bernard. Your CARA Committee will aim to put people needing help in touch with a neighbour living nearby who can provide assistance as necessary.

We will take care to ensure that your personal data is used only to match people seeking help with someone who can help.

We will not publish the names of volunteers or people seeking help.

Please spread the word about this initiative and also please encourage your neighbours to become involved.

CARA issues : Litter Pick

- **CARA Litter Pick – last chance to get involved with the ‘Great British Spring Clean’.**
- This coming Saturday, 21 March, CARA is planning a litter-pick around the CARA streets of Upper Town, Bath. This coincides with the ‘Great British Spring Clean’.
- We meet on The Circus Green at 9.30 a.m. for about 60 minutes, or so.
- Our previous litter picks have been a great success. Would you be interested? All equipment including day-glo tabards, sacks, gloves etc. will be provided.
- Please email: Stephanie at email@rbrown.co.uk. See you there!

CARA Committee 2019/20		Our email addresses are on our website www.carabath.com	
Barry Gilbertson	Chairman	Bernard Horn	Secretary
Richard Brown	Vice Chairman/Traffic	Anne Love	Waste
Malcolm Baldwin	FoBRA	Mike Richardson	Treasurer
George Feiger	Traffic	Ron Temperton	City Centre Action Group