



CARA Bulletin

24 April 2020

Local issues:

CORONAVIRUS: During the crisis, CARA is communicating more regularly with its members to ensure that everyone is aware of current guidance, volunteer support and other initiatives.

We hope that you are finding these Bulletins interesting & informative. Please also:

- keep an eye on our website <https://carabath.com/community-coronavirus-response>.
- follow us on Twitter at [@CARABATH1](https://twitter.com/CARABATH1) and retweet to your followers.
- **Garden Waste collection restarts.** Bath & North East Somerset Council (B&NES) is restarting fortnightly garden waste collections from Monday 5th May in CARA area after the service was temporarily paused due to the Coronavirus outbreak. The Council is resuming as a priority in light of recycling centres having to close and residents are being thanked for their patience, since collections stopped, to prioritise recycling and black bin waste collections.
For further details, and how to find your garden collection day, please visit: <https://beta.bathnes.gov.uk/garden-waste>
- **Bulky waste collection restarts.** B&NES' bulky waste collections are restarting after a temporary pause due to the Coronavirus outbreak. From Monday 20 April the Council will reopen bookings with an increased number of slots than normally available, to help residents manage their large waste items while recycling centres are closed.
Please see: <https://beta.bathnes.gov.uk/order-large-waste-item-collection>
- **Food Supplies.** CARA member, Anita Tucker, has sent us this link <https://www.3sg.org.uk/pages/sustainable-food-partnership>. Compassionate Community partners, 3SG & the Sustainable Food Partnership, have produced a list of local providers offering food to people across B&NES, including, for example: Age UK B&NES are now able to offer a lunchtime delivery of a hot meal for people living in B&NES direct to the persons door, 7 days per week. This could really help a huge amount of people living in B&NES who are currently unable to shop, and it will also mean that they will be seeing someone from Age UK during the day.

Cost £6.50 for a main course and dessert. In addition to standard menu (see the link below), specific dietary requirements can be accommodated, including low sugar, gluten free, textured meals for people who find it difficult to swallow. Meals to Bath delivered by Age UK Wiltshire.

www.ageuk.org.uk/bp-assets/globalassets/wiltshire/aukw-community-meals-menus-2020.pdf

Contact: communitymeals@ageukwiltshire.org.uk or 01793 687017 (Age UK Wiltshire)

- **Partial reinstatement of Lansdown Park and Ride bus service (number 31 bus).** First Group has advised that a limited P&R service will be re-introduced on Mondays to Fridays from Monday 27 April. It will run every half-hour from 08.00 to 17.30 with a lunchtime break.

- Buses will leave Lansdown P&R site at: 08.00 then every half-hour to 12.00, then 13.30 and every half-hour until 17.30.
- Buses will leave Milsom Street to return at 08.15 then every half-hour to 11.45, then 13.15 and every half-hour until 17.45.

- **Scams.** There are a number of scams taking advantage of people during the current situation. Several Bath residents recently received calls, some from 01225 numbers, offering face-masks for sale. These are scams and can expose you to premium rate phone charges if you respond. Please be wary of calls from unknown numbers or organisations. Never, ever, give personal information, or banking details, over the telephone in response to any unknown caller.

Cyber criminals are unfortunately preying on fears of the Coronavirus by sending scam emails that try and trick people into clicking on a false web link so please be extra vigilant. For advice about avoiding scams, please visit B&NES at: <https://www.bathnes.gov.uk/services/trading-standards/rogue-traders-and-scams/internet-scams> or the Police at: <https://www.avonandsomerset.police.uk/news/2020/04/stay-safe-online-beware-of-computer-based-scammers-and-fraudsters/>

- **Clap for the NHS.** Thursdays at 8pm. Are you joining your neighbours for the weekly clapping for the NHS and Care Workers, putting their lives at risk for the benefit of people suffering from the Coronavirus? It is also a good chance to have a chat with your neighbours – socially distanced, of course, keeping 2 metres away. It is also an opportunity to see that your neighbours, especially if old, frail or at-risk, are OK and not in need of any support. If they would like some help, please do contact Barry or Bernard (see below) and we will put you in contact with one of our 52 CARA volunteers who may be able to provide the support needed.

Contacts: CARA Chair: Barry Gilbertson on barry@barrygilbertson.com 0771 007 3456 or CARA Secretary: Bernard Horn on bph@bernardhorn.com 07831493070, or any of the CARA Committee listed below. If any of the blue web-links do not work for you, please contact Barry or Bernard, and we will print the content and post it through your door.

STAY SAFE...and remember to call us or e-mail us if you need support of any kind.

CARA Committee 2019/20		Our email addresses are on our website www.carabath.com	
Barry Gilbertson	Chairman	Bernard Horn	Secretary
Richard Brown	Vice Chairman/Traffic	Anne Love	Waste
Malcolm Baldwin	FoBRA	Mike Richardson	Treasurer
George Feiger	Traffic	Ron Temperton	City Centre Action Group